



JULY 2010 EXPLORERS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 WEIGHTLIFTING & CONDITIONING 3:30-6:30 PM	2	3
4	5 WEIGHTLIFTING & CONDITIONING 3:30-6:30 PM	6 WEIGHTLIFTING & CONDITIONING 3:30-6:30 PM	7 Granite City 7 on 7 Passing League Tentatively	8 WEIGHTLIFTING & CONDITIONING 3:30-6:30 PM	9	10
11	12 WEIGHTLIFTING & CONDITIONING 3:30-6:30 PM	13 WEIGHTLIFTING & CONDITIONING 3:30-6:30 PM	14 Granite City 7 on 7 Passing League Tentatively	15 WEIGHTLIFTING & CONDITIONING 3:30-6:30 PM	16	17
18 LIFT-A- THON PEEK WEEK	19 WEIGHTLIFTING & CONDITIONING 5PM- 7PM (ONLY)	20 WEIGHTLIFTING & CONDITIONING 5PM- 7PM (ONLY)	21 Granite City 7 on 7 Passing League Tentatively	22 WEIGHTLIFTING & CONDITIONING 5PM- 7PM (ONLY)	23	24
25	26 EXPLORER TEAM CAMP HIGH SCHOOL 6PM – 8PM	27 EXPLORER TEAM CAMP HIGH SCHOOL 6PM – 8PM	28 EXPLORER TEAM CAMP HIGH SCHOOL 6PM – 8PM	29 EXPLORER TEAM CAMP HIGH SCHOOL 6PM – 8PM	30 EXPLORER TEAM CAMP HIGH SCHOOL 6PM – 8PM	31

