



AUG 2010 EXPLORERS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 OFF IHSA RULES	2 OFF IHSA RULES	3 OFF IHSA RULES	4 OFF IHSA RULES	5 OFF IHSA RULES	6 OFF IHSA RULES	7 OFF IHSA RULES
8 OFF IHSA RULES	9 OFF IHSA RULES	10 OFF IHSA RULES	11 DOUBLE SESSIONS 1 st Session 4:30-6:30 BREAK 6:30-7:00 2 nd Session 7:00- 8:30 PM	12 DOUBLE SESSIONS 1 st Session 4:30-6:30 BREAK 6:30-7:00 2 nd Session 7:00- 8:30 PM	13 DOUBLE SESSIONS 1 st Session 4:30-6:30 BREAK 6:30-7:00 2 nd Session 7:00- 8:30 PM	14 FIRST SESSION 8AM-10:30 AM BREAK 10:30-11:00AM SECOND SESSION 11:00AM-1:00PM
15 OFF	16 DOUBLE SESSIONS 1 st Session 4:30-6:30 BREAK 6:30-7:00 2 nd Session 7:00- 8:30 PM	17 DOUBLE SESSIONS 1 st Session 4:30-6:30 BREAK 6:30-7:00 2 nd Session 7:00- 8:30 PM	18 DOUBLE SESSIONS 1 st Session 4:30-6:30 BREAK 6:30-7:00 2 nd Session 7:00- 8:30 PM	19 DOUBLE SESSIONS 1 st Session 4:30-6:30 BREAK 6:30-7:00 2 nd Session 7:00- 8:30 PM	20 DOUBLE SESSIONS 1 st Session 4:30-6:30 BREAK 6:30-7:00 2 nd Session 7:00- 8:30 PM	21 FIRST SESSION 8AM-10:30 AM BREAK 10:30-11:00AM SECOND SESSION 11:00AM-1:00PM
22 OFF	23 PRACTICE 4:00-6:30 PM	24 PRACTICE 4:00-6:30 PM	25 PRACTICE 4:00-6:30 PM	26 PRACTICE 4:00-6:30 PM	27 GAME NIGHT @ CARLINVILLE 7PM	28 FILM REVIEW & WEIGHTLIFTING 8AM-10AM
29 OFF	30 PRACTICE 4:00-6:30 PM	31 PRACTICE 4:00-6:30 PM				

